

2023 Quality Measure Highlight

Child and Adolescent Well-Care Visits (WCV) and Related Services

Alameda Alliance for Health (Alliance) values our dedicated provider partner community, and we are here for you. We are sharing the 2023 Quality Measure Highlight: Child and Adolescent Well-Care Visits (WCV) and Related Services to provide a snapshot of the Healthcare Effectiveness Data and Information Set® (HEDIS®) technical specifications and suggested best practices to meet the measure.

For more information, please contact the Alliance Quality Improvement (QI) Department at deptQIteam@alamedaalliance.org.

Child and Adolescent Well-Care Visits (WCV)

Measure Description: The percentage of members 3–21 years of age who had at least one (1) comprehensive well-care visit with a primary care provider (PCP) or an obstetrics and gynecology (OB/GYN) practitioner during the measurement year.

PCPs include physicians, nurse practitioners, physician assistants, and certified nurse midwives.

OB/GYN and other prenatal care practitioners include obstetricians, gynecologists, and certified nurse midwives.

Please Note: The PCP who performs the well-care visit does not have to be the PCP assigned to the member.

Exclusions: Members who were in hospice or died at any time during the measurement year.

Measures Related to Additional Services

Additional measures that can be met while performing well-care visits:

Immunizations for Adolescents (IMA): The percentage of adolescents 13 years of age who had the following vaccine doses by their thirteenth birthday (for more, please refer to the IMA measure highlight):

One (1) Tdap <i>Tetanus, diphtheria, and acellular pertussis</i>	One (1) Meningococcal <i>Meningococcal serogroups A, C, W, Y</i>	Completed (two (2) or three (3)) HPV series <i>Human papilloma virus</i>
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Topical Fluoride for Children (TFL): The percentage of children ages 1 through 20 who received at least two (2) topical fluoride applications within the measurement year.

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC): The percentage of members 3-17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year: BMI percentile documentation, counseling for nutrition, and counseling for physical activity.

Depression Screening and Follow-Up for Adolescents and Adults (DSF): The percentage of members age 12 and older who were screened for clinical depression using a standardized instrument between January 1 and December 1 of the measurement year; and, if screened positive, received follow-up care.

Eligible standardized screening instruments with thresholds for positive findings include:

Instruments for Adolescents (≤17 years)	Positive Finding
Patient Health Questionnaire (PHQ-9® or PHQ-9M® [Modified for teens])	Total score ≥10
Patient Health Questionnaire-2 (PHQ-2®)	Total score ≥3
Beck Depression Inventory-Fast Screen (BDI-FS®)	Total score ≥8
Center for Epidemiologic Studies Depression Scale—Revised (CESD-R)	Total score ≥17
Edinburgh Postnatal Depression Scale (EPDS)	Total score ≥10
PROMIS® Depression	Total score (T Score) ≥60

Best Practices

- Electronic Medical Record (EMR)/Electronic Health Record (EHR): Use pre-built templates for immunizations, depression screening, and weight assessment and counseling.
- Outreach: Develop a robust process with scripting and reminder calls/texts.
- Schedule follow-up appointments upon discharge or include them in the member outreach list.
- Use the Bright Futures periodicity schedule and the CDC immunization schedule to keep track of milestones and services needed at each check-up.
- Well-Visits:
 - Allow well-child visit scheduling for up to six (6) months.
 - Offer back-to-back sibling well-visits to help streamline appointments for busy families.
 - Use every opportunity to complete well-visits (i.e., sick visits, telehealth appointments).

Resources

Bright Futures Periodicity Schedule:

www.aap.org/en/practice-management/bright-futures/bright-futures-in-clinical-practice/get-to-know-bright-futures-guidelines-and-core-tools

CDC Child and Adolescent Immunization Schedule by Age:

www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html

Catch-up Immunization Schedule for Children and Adolescents Who Start Late or Who Are More than 1 Month Behind:

www.cdc.gov/vaccines/schedules/hcp/imz/catchup.html